



# Agile PrepCast™

BACKLOG

RETROSPECTIVE

BACKLOG

SPRINT

ORGANIZATION

DAILY  
SCRUM

EPIC

KANBAN

PRODUCT  
OWNER

SCRUM  
MASTER

PAIR  
PROGRAMMING

TIME BOX

DEVELOPMENT  
TEAM

SCRUM

AGILE

WINDDOWN  
CHART

REFINEMENT

KANBAN  
BOARD

SLICES

STAKE HOLDER

FACILITATION

SPRINT  
REVIEW

TECHNICAL  
DEBT

TEAM

RULE  
OF  
SIMPLICITY

PROCESS

## AGILE METHODS OVERVIEW

Week 2

## | GUIDANCE FOR WEEK 2

Spend your week wisely. Track your time spent. Allocate enough time. Avoid scheduling days that are not ideal for study or might interfere with your ability to give your fullest attention to the material.

In this guidebook:

- What to think about and how to prepare
- What to read and watch
- How to assess your learning and progress
- What additional resources and other ways to go beyond are available

## CONTINUING YOUR STUDIES IN WEEK 2

This week, you are exploring agile methods and practices.

As you progress through the content of this week, try to get a holistic view of what agile concepts mean and how they relate to each other. Also, think about what they mean to you and the organization you work for.

## THINK

How is agility practiced in your organization and in other organizations you have worked for or been a part of? What would be your expectations? \_\_\_\_\_

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What tools, templates, and other shared resources do you have available to help you practice agility in your environment? \_\_\_\_\_

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What are agile roles in your organization? Which role do you currently have? What could the role of a project manager in agile environments look like? \_\_\_\_\_

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Which agile methods and practices sound familiar to you? Which ones have you encountered in your own experience so far and to which extent? \_\_\_\_\_

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## IMPORTANT ACTIONS

Each week there are some important tasks you must complete to ensure your exam preparation and application process is in order. These items are additional actions to do outside of your studies.

This week's tasks:

- ☐ Begin creating flashcards or your own personal glossary of terms and definitions you come across.
- ☐ Enter your name and other personal information on your PMP® application on the website.
- ☐ Familiarize yourself with details of and prerequisites for the [online proctored exam](#) format if this is your format of choice for the test (as opposed to booking an appointment with a test center)

## WATCH

Mark your completion of the Agile PrepCast™ lessons in the table below. This chart provides you a suggested path. Ideally, if you have enough time, you want to complete all lessons. Nonetheless, you are the master of your time and can leverage our suggestions as to what is required, recommended, and optional to best manage your preparation.

✓ Check off when finished

*Feel free to distribute the watching of some of these videos to later weeks, but be sure to cover at least Scrum, XP, and Kanban*

Lesson #	Lesson Title	Complete	Duration	Status
L02.01.1-6	Scrum - Scrum & Agile Defined; Roles; Meetings; Artifacts		2:38:09	Required
L02.02.1-2	Extreme Programming: History & Overview; Activities & Values		0:42:02	Required
L02.02.3-6	Extreme Programming: Practices; Roles		0:44:06	Required
L02.03.1-2	DSDM Atern - History, Overview & Philosophy; Principles		1:27:08	Recommended
L02.03.3-6	DSDM Atern - Process (Life Cycle); People; Products; Practices		2:01:08	Optional
L02.04.1-3	Lean Software Development: History & Principles; Tools Pt. 1+2		1:25:02	Required
L02.05.1	Kanban – Introduction; Video Format; Parts 1-3		1:40:29	Required
L02.06	Feature Driven Development		0:28:32	Recommended
L02.07.1	Crystal Family: History & Overview		0:26:21	Required
L02.07.2-4	Crystal Family: Priorities & Properties; Principles; Methods		1:35:14	Optional
L02.08.1	Adaptive Software Development (ASD): History & Overview		0:31:50	Required
L02.08.2	Adaptive Software Development (ASD): Details & When to Use		0:39:21	Optional

<b>L02.20.1-3</b>	<b>Hybrid Models Interviews</b>		1:06:02	Recommended
<b>L02.21</b>	<b>Scaling Agile to the Enterprise (Interview)</b>		0:58:09	Optional

## READ

Mark your completion of reading the topics and other resources in the table below.

Topic / Resource	Complete
<a href="#">The 12 Principles behind the Agile Manifesto</a>	
Agile Practice Guide: Chapter 2 (An Introduction to Agile)	
<a href="#">Agile Methods Comparison</a>	

## OTHER RESOURCES

Here are some other resources for you to reference, listen to, or consider. These resources are considered complementary to the core content and optional. Use these resources at your own discretion to provide more insight and examples of the content to broaden your understanding of the material.

- ☐ Read the [Scrum Guide](#) online
- ☐ Learn about the [PMI® Talent Triangle](#)
- ☐ Subscribe to the [free PMI-ACP Exam Newsletter](#)
- ☐ *PMI-ACP Exam Prep* by Mike Griffiths<sup>1</sup>: Chapter 1, pages 19-82

## ASSESS YOURSELF

Assess your progress. The PMI-ACP® exam tests your knowledge and understanding of agile values, principles, practices, and concepts, but remember – it is only a test. Therefore, practice taking quizzes and review your results.

- ☐ Complete 5-10 questions dedicated to the topics of this week in a Timed & Learning Quiz in the [PMI-ACP exam simulator](#) to assess your current knowledge.

<sup>1</sup> *PMI-ACP Exam Prep* – Updated 2<sup>nd</sup> Edition (for exams taken after March 2018), Mike Griffiths, RMC Publications 2015

- Understanding the reasons for answering questions incorrectly is essential in identifying your knowledge gaps. If time permits, go over the correctly answered questions as well, to confirm that your selection of the answer was informed rather than a guess.

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